



# Pitch Hit & Run

REGISTER NOW



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Pitch, Hit & Run is a free event that creates a safe and fun environment for kids to stay active and learn or continue to play baseball and softball in their local communities.

Participation gives the athletes a chance to compete and earn a spot in a Team Championship or National Finals.

The Pitch, Hit & Run property is for boys and girls 7-14 years old and consists of a series of movements that are important in baseball and softball. Athletes will be tested, and their measurements will be recorded. Based on their scores, they will advance from a local event to a Team Championship and then to the National Finals

**Website:** [www.mlb.com/pitch-hit-and-run](http://www.mlb.com/pitch-hit-and-run)

**Who:** Baseball and Softball players ages 7U-14U Divisions.

- 7/8, 9/10, 11/12, 13/14 Baseball
- 7/8, 9/10, 11/12, 13/14 Softball

**What:** MLB Pitch, Hit, & Run / MLB PHR

**Where:**

- League Operators host Local Competition [www.mlb.com/pitch-hit-and-run/host-a-competition](http://www.mlb.com/pitch-hit-and-run/host-a-competition)
- Player participants find a competition [www.mlb.com/pitch-hit-and-run/find-a-competition](http://www.mlb.com/pitch-hit-and-run/find-a-competition)

**When:**

- **Local** competitions are held from November-July 31<sup>st</sup> ---**WINNERS** --> **Team Championship** competitions are held August-October ---**WINNERS** --> The **National Finals** are held post MLB's World Series 2 in the Game 1 & 2's Stadium.
- Local and Team Championship Winners are not guaranteed to move on to next level. Winners are put into a pool and Top Performing Winners are selected to compete at the next level.

**Why:** Pitch, Hit & Run your way through your local competition and earn a chance to compete at one of PHR's Team Championship sites held within Major League Baseball and Minor League Baseball's Stadiums spread across the US. Top 4 scores in each age division from one of the Team Championships, wins an all-expenses-paid trip for the player and one guardian to Game 2 of the World Series!

**Questions:** [phr@rcxsports.com](mailto:phr@rcxsports.com)